

He Gets Us.®

Week 3:

GROUP DISCUSSION GUIDE

Starters *(Choose One)*

- What is one of your favorite foods or drinks?
- Share a memorable time when you “dressed up”.

Message Reflection

- What stood out to you from the teaching this past weekend?
- What questions did the message prompt in you?

Scripture Discussion (Matthew 6:25-34)

- If Jesus was here, what question would you ask him about this passage?
- What point(s) do you think Jesus is trying to make with the birds and flowers?
- How would you answer Jesus’ rhetorical question in verse 26? Expand on why you answered in that way.
- What attitude(s) do you think Jesus is trying to encourage?
- What do you think verse 33 means?

Application

- Describe an area of your life about which you are anxious.
- Why do you think it might be difficult to apply Jesus’ teaching here (if you do)?
- How might you be able to make this group a better group? (in any way)
- How would your environments (school, team, club, work, etc.) change if people understood this message and lived it out?
- Who do you know that might be interested in next week’s topic (Guilt)?

Ideas for Group Facilitators

Someone in your group may be experiencing notable anxiety. Avoid “easy answers” and “fixing” that person. Instead, if appropriate, spend focused time in prayer for that person.

As we are roughly halfway through the HGU study, ask for feedback on what has gone well and what needs improvement in your group. If needed, identify one or two practical changes.