



Lesson 3.3



DRAW IT!

What do you look like when you get angry? Draw a picture of it.
Write the words, "God, help me be slow to get angry."



JOURNAL IT!

Tell God about some of the things that make you angry. Tell God you're sorry if you've lost your temper or yelled out of anger.



THIS WEEK WE LEARNED

THE JUDGES: SAMSON

BIG IDEA: God desires righteousness and wants us to control our anger.

BIBLE BASIS: Judges 13-16

KEY VERSE: "Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires." James 1:19-20 (NIV)

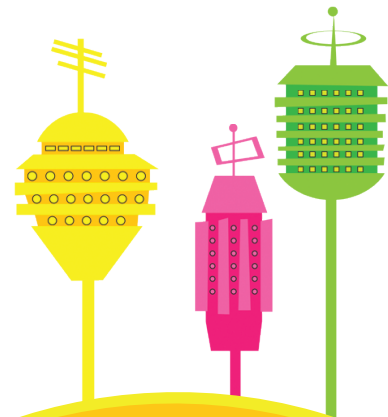
READ IT!

Judges 16:4-31. Draw a picture of the story or write to God your favorite part of the story. Tell Him why you liked it.



PRAY IT!

Write a prayer to God asking Him to help you control your anger and live in a way that He says is right.



NEXT WEEK'S LESSON

THE JUDGES: SAMUEL

BIG IDEA: God hears our prayers, so we can call out to Him with our whole heart.

BIBLE BASIS: 1 Samuel 7

KEY VERSE: "When I was in trouble, I called out to the LORD. I cried to my God for help. From his temple he heard my voice. My cry for help reached his ears." Psalm 18:6 (NIRV)