



WEEK 1: SOUNDTRACK – ORIENTATION (praise)

Date: Sept 13, 2020

Bible Passages: Psalms

Bottom Line: Psalms of Orientation remind us of God’s power, sovereignty, goodness, and faithfulness. Video: <https://youtu.be/mZbP4c4WGjk>

- 0:15 Host & Volunteer Prep & Prayer: coordinate activities, assign responsibilities, answer any questions that arise & pray for the students and God’s revelation to them.
- 0:00 Welcome students: 3-2-1 & out-door activities (b-ball, v-ball, trampoline, frisbee, etc.), music
- 0:15 Interactive game/activity:
 - In-Person: Name that Tune – Disney Movie Soundtrack Trivia
Cue up [THIS VIDEO](#) of some of Disney’s greatest hits to see who knows these soundtracks best. Each song will play for 5-10 seconds. That’s all the time you have to jot down the song title and the movie it comes from. There are 20 movies and a chance for 40 points. Good luck!

After playing the video, give the participants a few minutes to review and firm up their answers, then play [THIS VIDEO](#) to check the answers. <https://vimeo.com/454592525> - Clues <https://vimeo.com/454592557> - Answers
 - No online variation is necessary for this opening activity.
- 0:25 Activity Debrief: (This would be a good time to pass out snacks)
 - What’s movie has your favorite soundtrack? Why is it your favorite?
- 0:30 Video teaching

Set-up: (Say to the group) *“Today we start a new series titled “Soundtrack.” Before we start the video let me ask you, “What do you think this series is all about?”*

Let’s watch the video.”- <https://youtu.be/mZbP4c4WGjk> –

0:45 Small Group

discussion Ice

Breakers:

- If your first few weeks of school this year were given a single song as the soundtrack, what song would you pick and why?

Discussion Starters:

- Why do you think music plays such a large part of life?
- Where in your life does music play the largest role? Home? Church? Your room?

Ear buds? Scripture:

Israel had seven major festivals or feasts that drew faithful Jews from around the region back to Jerusalem to celebrate together as a nation. Psalm 100 was most likely sung during one of these celebrations reminding the people of God's covenants (promises) and his faithfulness to keep his promises. Read Psalm 100 and listen for language about God's character and covenant.

¹ *Shout for joy to the Lord, all the earth.*

² *Worship the Lord with gladness; come before him with joyful songs.*

³ *Know that the Lord is God.*

It is he who made us, and we are his; we are his people, the sheep of his pasture.

⁴ *Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.*

⁵ *For the Lord is good and his love endures forever; his faithfulness continues through all generations.*

Digging Deeper:

- There are seven commands in this passage helping us learn to praise. Can you identify them? (*shout, worship, come before, know, enter, thank, praise*) Which one do you honor/obey most?
- Notice that the only command that isn't outwardly expressive/active, is the center command, "know that the Lord is God." This command/verse serves as the fulcrum (center) upon which the other commands and the whole passage balances. What do you think God is trying to tell us by this? Why does he place "know" at the center and surround it with action words?
- Verse 3 and 5 are the "because" of this Psalm. Why should we praise God in these seven ways?... How have you observed our Creator's goodness, love and faithfulness in your life?

- What do you think it would look like for YOU to practice praise (as commanded in this Psalm) today in our time and culture?

Application:

- Name one small step that you can take today to help you develop a stronger habit of praise. What could you do to help you remember to give God the praise that is due him?
- Close your discussion time asking God to help you add more praise to your life's soundtrack.

1:15 Closing activity & prayer: choose 1 of the following options for the whole group together.

- Singing: Together sing [Oh Praise Him](https://youtu.be/w9VomNXhKj4), by David Crowder (<https://youtu.be/w9VomNXhKj4>)
- Journal Response: Pull out your journal and write your own Psalm of praise. Recall God's attributes and promises to you. Celebrate who he is and what he has done for you.
- Scripture Response: Read and memorize Psalm 7:17

*"I will give thanks to the LORD because of his righteousness;
I will sing the praises of the name of the LORD Most High."*

- Prayer: encourage students to use their notebooks to record prayer requests and pray for the group members throughout the week.
 - How can we pray for the world around us today?
 - How can we pray for our church family and friends today?
 - How can we pray for you and your family today? ○ CLOSE IN PRAYER.

1:30 Student pick-up – be sure to stay relationally connected to students and parents until the end.

1:45 Team debrief, clean-up & departure