



WEEK 3 : SOUNDTRACK – REORIENTATION

Date: Sept 27, 2020

Bible Passages: Psalm 66:1-9 & 16, Psalm 73:16-17 & 21-28, Psalm 111

Bottom Line: Psalms of Reorientation remind us that God is still working to bring about redeeming transformation in my community, in myself, and in my world.

Video Teaching: <https://www.youtube.com/watch?v=Y4KMtQ07mBI>

Preparation: Mom and/or dad, take time to prepare well for this spiritual experience with your son or daughter and perhaps their friends. Proper preparation includes reading through this guide, setting up a comfortable environment, preparing the videos, materials (*everyone will need a Bible, pen and notebook/journal*) and snacks, and prayer. It also includes giving your participants time to prepare as well. Let them know in advance what you want to do and then remind them a few minutes before your start time so that they are ready too.

Interactive game / activity – FOOD SMASH

- Play the Food Smash Video found [HERE](#). There will be clips of food being smashed in a hydraulic press played in reverse. Everyone playing will have a couple seconds (until the clip ends) to guess the correct answer of what food is being smashed. The person with the most points at the end of the game wins.

Activity Debrief: This would be a great time to pass out snacks.

- What food would you want to put into a hydraulic press to smash?

- What could smashing food in a hydraulic press possibly have to do with our series today?

Video Teaching

Set-up: Say to the group, *"In the same way that we saw fruit go from broken to put together again in the video for Food Smash, today we are talking about how God is working to take what is broken and redeem it and make it whole again. We are wrapping up our series Soundtrack today. Who remembers what types of Psalms we have talked about so far? (If no one can give a correct answer, remind them we have looked at Psalms of Orientation and Psalms of Disorientation). Today as we wrap up we will be looking at Psalms of Reorientation, let's take a look."*

View teaching video [HERE](#)

Small Group Discussion

Ice Breakers:

- Tell us a story about when you broke something. What happened? Did you get in trouble? Was it an accident or on purpose? How did it make you feel? (Ex. George breaking his car by smashing it on accident into the concrete pole)

Discussion Starters:

- In your opinion, what are some of the most broken things in our world today?
- If you could fix one thing in this world right now that you think is broken, what would it be?

Scripture:

Psalm 66 is a Psalm that has language that speaks to orientation, disorientation, and reorientation. Read verses 10-16 and listen for language that speaks to moving from disorientation to reorientation.

10 For you, God, tested us;

You refined us like silver.

11 You brought us into prison

And laid burdens on our backs.

12 You let people ride over our heads;

We went through fire and water,

But you brought us to a place of abundance.

13 I will come to your temple with burnt offerings

and fulfill my vows to you-

14 vows my lips promised and my mouth spoke

When I was in trouble.

15 I will sacrifice fat animals to you

And an offering of rams;

I will offer bulls and goats.

16 Come and hear, all you who fear God;

Let me tell you what he has done for me.

Digging Deeper:

- What do we see happening in verses 10-12, what does the author write about? What kinds of tests or trials does the author mention? What do we see in these verses, orientation, **disorientation**, or reorientation?
- The end of verse 12 there's a BIG "BUT". Read Verse 12 again. Why is this "but" (or "yet" in some translations) significant?
- What does the author promise to do in verses 13-15? Why are these sacrifices significant? (*They were acts of worship for that time*) What would this look like today since we don't sacrifice animals anymore?
- Read verse 16 again, what do we see here, disorientation or **reorientation**? How do we see the author move from disorientation to reorientation? (Answer – author's promise of worship). What role do you see worship playing in your life?

Application:

- Pray, Praise, and Patience were all mentioned in the teaching video as ways to help us move from disorientation to reorientation. How will you choose to incorporate one of those into your daily routine this week?
- Close your discussion by praying, asking God to give us strength and courage to continue in Prayer, Praise, and Patience as God works to reorient us back to Him.

Closing Activity & Prayer: Choose 1 of the following options for the whole group together.

- Singing / Reflection:
 - Together you can sing Promises by Maverick City. Find video [HERE](#). This is a great song to reorient our minds to the truth of God's promises to us and His faithfulness to us. (Can stop around the 5:10 mark, the song keeps repeating over and over).
 - If you don't think your students will be comfortable singing, here are a couple songs for reflective listening. Encourage students to listen to, and reflect on, the lyrics that are rooted in Biblical truth and let them reorient us to right thinking of God.
 - Have students listen to and reflect on Breakthrough by Red Rocks Worship. Find video [HERE](#). This song speaks to moving from disorientation to reorientation through praise and reminders of who God is.
- Journal Response: Write a list of things that God has done for you, trials He has helped you overcome or brought you through, things to praise Him for. Remind your soul the good that God has done to you and for you, and allow that to reorient you towards right thinking of Him.
- Scripture Response: Read and memorize Psalm 111:9
"He sent redemption to his people; he has commanded his covenant forever. Holy and awesome is His name!"
- Prayer: Encourage students to use the P.R.A.Y. acronym and spend time in prayer together or on your own. If praying together, you could have each student pray a letter of the acronym. If having students pray on their own, encourage them to write out or journal prayers.